

# KANONA ΠΙΣΤΕΩΣ - MODEL OF FAITH

## GREEK ORTHODOX ARCHDIOCESE OF AUSTRALIA PARISH OF SAINT NICHOLAS MARRICKVILLE

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### Κυριακή 19 Μαΐου 2024 Κυριακή των Μυροφόρων

#### Ἀπολυτίκιον Ἀναστάσιμον Ἰησους β'

Ὅτε κατήλθες πρὸς τὸν θάνατον, ἡ Ζωὴ ἢ ἀθάνατος, τότε τὸν Ἄδην ἐνέκρωσας τῇ ἀστραπῇ τῆς Θεότητος, ὅτε δὲ καὶ τοὺς τεθνεώτας ἐκ τῶν καταχθονίων ἀνέστησας, πᾶσαι αἱ Δυνάμεις τῶν ἐπουρανίων ἐκραύαζον· Ζωοδότα Χριστέ ὁ Θεὸς ἡμῶν δόξα σοι.

#### Τοῦ Ἰωσήφ

Ὁ εὐσχήμων Ἰωσήφ, ἀπὸ τοῦ ξύλου καθελὼν, τὸ ἄχραντόν σου Σῶμα, σινδόνι καθαρᾷ, εἰλήσας καὶ ἀρώμασιν, ἐν μνήματι καινῷ, κηδεύσας ἀπέθετο· ἀλλὰ τριήμερος ἀνέστης Κύριε, παρέχων τῷ κόσμῳ τὸ μέγα ἔλεος.

#### Τῶν Μυροφόρων.

Ταῖς μυροφόροις Γυναιξί, παρὰ τὸ μνημα ἐπιστάς, ὁ Ἄγγελος ἐβόα· Τὰ μύρα τοῖς θνητοῖς ὑπάρχει ἀρμόδια, Χριστὸς δὲ διαφθορᾶς ἐδείχθη ἀλλότριος, ἀλλὰ κραυγάσατε· Ἀνέστη ὁ Κύριος, παρέχων τῷ κόσμῳ τὸ μέγα ἔλεος.

#### Ἀπολυτίκιον Τοῦ Ἁγίου Νικολάου.

Κανόνα πίστεως καὶ εἰκόνα πραότητος, ἐγκρατείας διδάσκαλον, ἀνέδειξέ σε τῇ ποιίμνῃ σου, ἡ τῶν πραγμάτων ἀλήθεια· διὰ τοῦτο ἐκτίσῃ τῇ ταπεινώσει τὰ ὑψηλά, τῇ πτωχείᾳ τὰ πλούσια, Πάτερ ἱεράρχα **Νικόλαε**· πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

#### Ἀπολυτίκιον. Κοσμά και Δαμιανού

Ἄγιοι Ανάργυροι καὶ θαυματουργοί, επισκέψασθε τὰς ασθενείας ἡμῶν, δωρεὰν ἐλάβετε, δωρεὰν δότε ἡμῖν.

### Sunday 19 May 2024

### Sunday of the Myrrh-Bearing Women

#### Resurrectional Apolytikion

When you descended to death, O immortal life, you struck Hades dead by the flash of your Divinity; when you raised the dead from under the earth, all the Powers of heaven cried out: Giver of life, Christ our God, glory to you.

#### For the Righteous Joseph

When he took down Your immaculate Body from the Cross, the honorable **Joseph** wrapped it in a clean linen shroud with spices and laid it for burial in a new tomb. But on the third day You arose, O Lord, and granted the world Your great mercy.

#### For the Myrrhbearers.

The Angel standing at the sepulcher cried out and said to the ointment-bearing women: The ointments are appropriate for mortal men, but Christ has been shown to be a stranger to decay. So go and cry aloud, The Lord has risen and granted the world His great mercy.

#### St Nicholas Hymn

A model of faith and the image of gentleness, the example of your life has shown you forth to your sheep-fold to be a master of temperance. You obtained thus through being lowly, gifts from on high, and riches through poverty, **Nicholas**, our father and priest of priests, intercede with Christ our God that He may save our soul.

#### Sts Cosmas & Damianos

Sainted Unmercenaries and Wonder Workers, regard our infirmities; freely you have received, freely share with us.

## Ἀπολυτίκιον τοῦ Ἁγίου Παΐσιου

### Τόν συνάναρχον Λόγον

Αὐστραλίας προστάτην, φρουρόν τε ἄγρυπτον, καί τοῦ Ἄθωνος ὄρους στυλον αἰείφωτον ἀνυμνήσωμεν πιστοί, θεῖον **Παΐσιον**, ἐξαιτούμενοι αὐτοῦ τάς πρεσβείας πρός Θεόν, κραυγάζοντες ὁμοφρόνως· ρύου ᾧ πάτερ παντοίων, τῶν τοξευμάτων τοῦ ἀλάστορος.

### Κοντάκιον τοῦ Πάσχα.

Εἰ καί ἐν τάφῳ κατήλθες Ἀθάνατε, ἀλλά τοῦ ᾄδου καθεῖλες τήν δύναμιν· καί ἀνέστης ὡς νικητής, Χριστέ ὁ Θεός, γυναιξί Μυροφόροι φθελγιάμενος, Χαίρετε, καί τοῖς σοῖς Ἀποστόλοις εἰρήνην δωρούμενος, ὁ τοῖς πεσοῦσι παρέχων ἄσασιν.

## ΑΠΟΣΤΟΛΟΣ

### Πράξεων τῶν Ἀποστόλων (ζ', 1-7)

Ἐν ταῖς ἡμεραῖς ἐκείναις, πληθυνόντων τῶν μαθητῶν, ἐγένετο γογγυσμός τῶν Ἑλληνιστῶν πρός τοὺς Ἑβραίους, ὅτι παρεθεωροῦντο ἐν τῇ διακονίᾳ τῇ καθημερινῇ αἱ χῆραι αὐτῶν. Προσκαλεσάμενοι δὲ οἱ δώδεκα τὸ πλῆθος τῶν μαθητῶν, εἶπον, Οὐκ ἄρεστόν ἐστιν ἡμᾶς, καταλείψαντας τὸν λόγον τοῦ θεοῦ, διακονεῖν τραπέζαις. Ἐπισκέψασθε οὖν, ἀδελφοί, ἄνδρας ἐξ ἡμῶν μαρτυρουμένους ἑπτὰ, πλήρεις πνεύματος ἁγίου καὶ σοφίας, οὓς καταστήσωμεν ἐπὶ τῆς χρείας ταύτης. Ἡμεῖς δὲ τῇ προσευχῇ καὶ τῇ διακονίᾳ τοῦ λόγου προσκαρτερήσομεν. Καὶ ἤρεσεν ὁ λόγος ἐνώπιον παντὸς τοῦ πλήθους· καὶ ἐξελέξατο Στέφανον, ἄνδρα πλήρης πίστεως καὶ πνεύματος ἁγίου, καὶ Φίλιππον, καὶ Πρόχορον, καὶ Νικάνορα, καὶ Τίμωνα, καὶ Παρμενᾶν, καὶ Νικόλαον προσήλυτον Ἄντιοχεά, οὓς ἔστησαν ἐνώπιον τῶν ἀποστόλων· καὶ προσευξάμενοι ἐπέθηκαν αὐτοῖς τὰς χεῖρας. Καὶ ὁ λόγος τοῦ θεοῦ ἠὔξανεν, καὶ ἐπληθύνετο ὁ ἀριθμὸς τῶν μαθητῶν ἐν Ἱερουσαλὴμ σφόδρα, πολὺς τε ὄχλος τῶν ἱερέων ὑπήκουον τῇ πίστει.

## St Paisios Hymn

### The Word Eternal

O Protector of Australia, vigilant guardian and resplendent pillar of Mount Athos, we the faithful let us praise the holy **Paisios**, and beseeching his intercessions before God, crying out with one voice, deliver us, O father of all, from the arrows of the vengeful one.

### Kontakion of Pascha

Though You went down into the tomb, O Immortal One, yet You brought down the dominion of Hades; and You rose as the victor, O Christ our God; and You called out "Rejoice" to the Myrrh-bearing women, and gave peace to Your Apostles, O Lord who to the fallen grant resurrection.

## EPISTLE

### Acts of the Apostles (6: 1-7)

In those days, when the disciples were increasing in number, the Hellenists murmured against the Hebrews because their widows were neglected in the daily distribution. And the twelve summoned the body of the disciples and said, "it is not right that we should give up preaching the word of God to serve tables. Therefore, brethren, pick out from among you seven men of good repute, full of the Spirit and of wisdom, whom we may appoint to this duty. But we will devote ourselves to prayer and to the ministry of the word." And what they said pleased the whole multitude, and they chose Stephen, a man full of faith and of the Holy Spirit, and Philip, and Prochoros, and Nicanor, and Timon, and Parmenas, and Nicolaos, a proselyte of Antioch. These they set before the apostles, and they prayed and laid their hands upon them. And the word of God increased; and the number of the disciples multiplied greatly in Jerusalem, and a great many of the priests were obedient to the faith.

**Ἐκ τοῦ κατὰ Μάρκον ἁγίου Εὐαγγελίου**  
(ιε' 43 – ις' 8)

Τῷ καιρῷ ἐκείνῳ, ἐλθὼν Ἰωσήφ ὁ ἀπὸ Ἀριμαθαίας, εὐσχήμων βουλευτής, ὃς καὶ αὐτὸς ἦν προσδεχόμενος τὴν βασιλείαν τοῦ Θεοῦ, τολμήσας εἰσῆλθε πρὸς Πιλάτον καὶ ἠτήσατο τὸ σῶμα τοῦ Ἰησοῦ. Ὁ δὲ Πιλάτος ἐθαύμασεν εἰ ἤδη τέθνηκε, καὶ προσκαλεσάμενος τὸν κεντυρίωνα ἐπηρώτησεν αὐτὸν εἰ πάλοι ἀπέθανε· καὶ γνοὺς ἀπὸ τοῦ κεντυρίωνος ἐδώρησατο τὸ σῶμα τῷ Ἰωσήφ. Καὶ ἀγοράσας σινδὸνα καὶ καθελῶν αὐτὸν ἐνείλησε τῇ σινδόνι καὶ κατέθηκεν αὐτὸν ἐν μνημείῳ, ὃ ἦν λελατομημένον ἐκ πέτρας, καὶ προσεκύλισε λίθον ἐπὶ τὴν θύραν τοῦ μνημείου. Ἡ δὲ Μαρία ἡ Μαγδαληνὴ καὶ Μαρία Ἰωσὴ ἐθεώρουν ποῦ τίθεται. Καὶ διαγενομένου τοῦ σαββάτου Μαρία ἡ Μαγδαληνὴ καὶ Μαρία ἡ τοῦ Ἰακώβου καὶ Σαλώμη ἠγόρασαν ἀρώματα ἵνα ἐλθοῦσαι ἀλείψωσιν αὐτόν. Καὶ λίαν πρωτὶ τῆς μιᾶς σαββάτων ἔρχονται ἐπὶ τὸ μνημεῖον, ἀνατείλαντος τοῦ ἡλίου. Καὶ ἔλεγον πρὸς ἑαυτάς· Τίς ἀποκυλίσει ἡμῖν τὸν λίθον ἐκ τῆς θύρας τοῦ μνημείου; Καὶ ἀναβλέψασαι θεωροῦσιν ὅτι ἀποκεκύλισται ὁ λίθος· ἦν γὰρ μέγας σφόδρα. Καὶ εἰσελθοῦσαι εἰς τὸ μνημεῖον εἶδον νεανίσκον καθήμενον ἐν τοῖς δεξιοῖς, περιβεβλημένον στολὴν λευκὴν, καὶ ἐξεθαμβήθησαν. Ὁ δὲ λέγει αὐταῖς· μὴ ἐκθαμβεῖσθε· Ἰησοῦν ζητεῖτε τὸν Ναζαρηνὸν τὸν ἐσταυρωμένον· ἠγέρθη, οὐκ ἔστιν ὧδε· ἴδε ὁ τόπος ὅπου ἔθηκαν αὐτόν. Ἀλλ' ὑπάγετε εἴπατε τοῖς μαθηταῖς αὐτοῦ καὶ τῷ Πέτρῳ ὅτι προάγει ὑμᾶς εἰς τὴν Γαλιλαίαν· ἐκεῖ αὐτὸν ὄψεσθε, καθὼς εἶπεν ὑμῖν. Καὶ ἐξελθοῦσαι ἔφυγον ἀπὸ τοῦ μνημείου· εἶχε δὲ αὐτάς τρόμος καὶ ἔκστασις, καὶ οὐδενὶ οὐδὲν εἶπον· ἐφοβοῦντο γάρ.

**Holy Gospel according to St Mark**  
(15:43-47; 16:1-8)

At that time, Joseph of Arimathea, a respected member of the council, who was also himself looking for the kingdom of God, took courage and went to Pilate, and asked for the body of Jesus. And Pilate wondered if he were already dead; and summoning the centurion, he asked him whether he was already dead. And when he learned from the centurion that he was dead, he granted the body to Joseph. And he bought a linen shroud, and taking him down, wrapped him in the linen shroud, and laid him in a tomb which had been hewn out of the rock; and he rolled a stone against the door of the tomb. Mary Magdalene and Mary the mother of James saw where he was laid. And when the sabbath was past, Mary Magdalene, and Mary the mother of James, and Salome, bought spices, so that they might go and anoint him. And very early on the first day of the week they went to the tomb when the sun had risen. And they were saying to one another, "Who will roll away the stone for us from the door of the tomb?" And looking up, they saw that the stone was rolled back; for it was very large. And entering the tomb, they saw a young man sitting on the right side, dressed in a white robe; and they were amazed. And he said to them, "Do not be amazed; you seek Jesus of Nazareth, who was crucified. He has risen, he is not here; see the place where they laid him. But go, tell his disciples and Peter that he is going before you to Galilee; there you will see him, as he told you." And they went out and fled from the tomb; for trembling and astonishment had come upon them; and they said nothing to anyone, for they were afraid.

## Τοῦ Πεντηκοσταρίου.

Τῆ αὐτῇ ἡμέρᾳ, Κυριακῇ τρίτῃ ἀπὸ τοῦ Πάσχα, τὴν τῶν ἁγίων γυναικῶν Μυροφόρων ἑορτὴν ἐορτάζομεν· ἔτι δὲ μνεῖαν ποιούμεθα καὶ τοῦ ἐξ Ἀριμαθαίας Ἰωσήφ, ὃς ἦν μαθητὴς κεκρυμμένος· πρὸς δὲ καὶ τοῦ νυκτερινοῦ μαθητοῦ Νικοδήμου.

### Στίχοι

*Χριστῷ φέρουσιν αἱ Μαθήτριάι μύρα.  
Ἐγὼ δὲ ταύταις ὕμνον, ὡς μύρον φέρω.*

Ταῖς τῶν ἁγίων Μυροφόρων πρεσβείαις, ὁ Θεός, ἐλέησον ἡμᾶς. Ἀμήν.

## Sunday of the Myrr-Bearing Women

Today is the 3<sup>rd</sup> Sunday of Pascha and our Church remembers the Myrrh Bearing Women and we recall the joy of the Resurrection, which as we heard in the Gospel, **the myrrh bearing women** went to the Tomb **to anoint** and to care for the Body of Jesus.

And on this day, our Church **also honours** the Righteous Joseph of Arimathea and the Righteous Nicodemus, two faithful followers who arranged for the burial of Jesus.

### Verses

*The women disciples brought ointments  
to Christ*

*And I bring, as ointment, a hymn to  
them.*

At the intercession of the holy Myrrh bearers, O God, have mercy on us.  
Amen.